

Women's Lacrosse Raises More Than \$2,000 to #StopSuicide



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LAKELAND, FL - In partnership with Lax4Life, the Florida Southern College women's lacrosse team raised more than \$2,000 last weekend to help benefit the American Foundation for Suicide Prevention (AFSP) in its mission to #StopSuicide. The Moccasins designated their game against Florida Tech last Saturday as their Lax4Life game to help raise donations and awareness in the fight against suicide. The Mocs are still accepting donations online through their Facebook page, click [HERE](#) for more.

"I am so proud of our team and our fans for helping us blow away our goal at this year's Lax4Life event," said head coach [Kara Reber](#). "Mental health and suicide awareness is something that has hit very close to home for many of our players and coaches, and we've made a commitment as a team to help those around us who might be struggling with mental health. Our team has done an amazing job of making a difference already, but we also know there is a lot more work to do."

During last Saturday's game, players and coaches from both teams wore Lax4Life shirts with the name of a loved one on the back, representing someone they know personally who has battled depression or other mental illness. The Lax4Life game was held in conjunction with a year-long fundraising effort by Florida Southern's Student-Athlete Advisory Council to help raise funds for the AFSP. To read more about the current SAAC initiative, including ways to donate, click [HERE](#).

[ABOUT THE AMERICAN FOUNDATION FOR SUICIDE PREVENTION](#)

Established in 1987, the American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education, and advocacy to take action against this leading cause of death.

AFSP is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health by engaging in the following core strategies:

- Funding scientific research
- Educating the public about mental health and suicide prevention
- Advocating for public policies in mental health and suicide prevention
- Supporting survivors of suicide loss and those affected by suicide in our mission